The PITBULL® system is intended to be used to help provide immobilization and stabilization of spinal segments as an adjunct to fusion of the thoracic, lumbar, and/or sacral spine.

The PITBULL® is a posterior, non-pedicle supplemental fixation device intended for use with an interbody cage as an adjunct to fusion at a single level in the lumbar spine (L1 ~ S1). It is intended for attachment to the spinous processes for the purpose of achieving stabilization to promote fusion in patients with degenerative disc disease — defined as back pain of discogenic origin with degeneration of the disc confirmed by history and radiographic studies — with up to Grade 1 spondylolisthesis. Note Due to device placement between the spinous processes, there is a risk for spinous process fracture or other adverse event at the device interface with the spinous process.

**KEY FEATURES & BENEFITS**

- Minimally Invasive Fusion Device
- Preservation of the supraspinous ligament and bone tissue
- Shorter operating time
- Simple surgical technique
- Less muscle trauma
- Less blood loss
SPECIFICATION OF INDIVIDUAL COMPONENTS

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<th>H1(mm)</th>
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**Surgical Technique**

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9. Inserting Implant : Holder—Left
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11. Compressing
12. Tightening Locking Screw
13. Pitbull® Interspinous Process Fixation Device
14. Accessories : Surgical Instruments
1. PREOPERATIVE PLANNING

All necessary imaging studies should be available to visualize patient anatomy and plan implant placement.

2. PATIENT POSITIONING

Patient should be positioned in the prone position on the operating table.
3. SITE IDENTIFICATION & INCISION

Identify the spinous processes at the level to be joined by using manual palpitation and intraoperative imaging.

Make a midline incision (4–8cm) and distract, clearing tissue between spinous processes to be joined. Use Curettes and Rasps as needed to prepare device site.

**CAUTION:** Care must be taken throughout the procedure to ensure that no damage is caused to the dura or spinous process. Overdecoration can cause weakening of the spinous process.
4. PERFORATING

Assemble the Palm Handle on the Perforator Shaft.
Using the Perforator, punch hole through the anterior region of the interspinous ligament.
Make sure that Perforator is placed at midpoint between the adjacent spinous processes.
5. DILATING

Assemble the Palm Handle on the Dilator Shaft.
Advocate the Dilator parallel to the spinous processes until you encounter the facets.
Rotate the instrument 90° and dilate the interspinous ligament with the tip of the Dilator.
6. DISTRACTION & SIZING

Insert the Distractor into hole created by Dilator and Spread spinous processes. Begin to distract adjacent spinous processes and determine appropriate implant size. The Distractor has a ratcheting bar at the top of the instrument also indicates which implant size to use.

**CAUTION:** Ensure the indicator is fully seated against the inside of the handle prior to use to ensure correct hub sizing. Do not overdistract spinous processes. Overdistraction could damage the spinous process.
7. LOCATING TRIAL & CANAL

Assemble the Trial & Canal and locate this in the hole of interspinous ligament. Remove the Trial from assembly for inserting implant.

**CAUTION:** There are not any tissues inside of Canal.
8. ATTACHING IMPLANT TO HOLDER

Using the size determined in step 6, select the appropriate implant.
Attach the left component of implant to Holder—left by turning the Hold driver clockwise.
Fix the right component of implant to Holder—right by tightening the legs.
9. INSERTING IMPLANT : HOLDER—LEFT

Insert the Holder—left with left component of implant to inside Canal,
Then, remove the Canal.
10. INSERTING IMPLANT : HOLDER–RIGHT

There is a gap in left component of implant.
You can easily insert right component of implant through the gap.
11. COMPRESSING

After implant is in desired position, attach the Compressors to each wing of implant. There are some spikes on the inner face of each wing which are suitable for anatomical shape of interspinous process. Apply force to the implant by Compressors until fixing to the interspinous process through spikes. Then, remove Holder—left and Holder—right from fixing implant.

**CAUTION:** Do not apply heavy force to the implant. Interspinous process may be broken by spikes.
12. TIGHTENING LOCKING SCREW

Insert the Nut driver into locking screw and turn the handle clockwise to tighten until desired resistance is reached. Then, remove all instruments.

**CAUTION:** If the locking screw is not properly locked down, the implant may separate from each other over time.
13. **PITBULL® INTERSPINOUS PROCESS FIXATION DEVICE**

**NOTICES:**
1) PITBULL must apply for use with the INTERBODY CAGE.
2) You can not use PITBULL in case of both laminectomy.
3) PITBULL is prohibited from the use in patients with osteoporosis.
## 14. ACCESSORIES : SURGICAL INSTRUMENTS

<table>
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<tr>
<th>Product name</th>
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### Surgical Technique

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**DESCRIPTION:**

The PITBULL® system consists of a variety of sizes of components (a spacer assembly and a wing assembly), locking screw, and associated instruments. The devices are offered in five hub diameters (8mm to 16mm in 2mm increments) and five wing length configurations (32mm to 40mm in 2mm increments). Spikes are present on the sides of the plate that interface with the spinous process to restrain the plate from rotating post-operatively. Locking screw is pre-installed in a wing assembly and is used to secure the assembly in its final compressed and implanted state. A torque limiting driver is provided to ensure the appropriate screw torque is applied. The PITBULL® System is supplied non-sterile, is single use and is fabricated from titanium alloy (Ti-6Al-4V ELI) that conforms to ASTM F 136. It is essential to use the PITBULL® System with the instruments specifically designed for use with the system.

**INDICATIONS:**

The PITBULL® system is a posterior, non-pedicle supplemental fixation device intended for use with an interbody cage as an adjunct to fusion at a single level in the lumbar spine (L1 ~ S1). It is intended for attachment to the spinous processes for the purpose of achieving stabilization to promote fusion in patients with degenerative disc disease – defined as back pain of discogenic origin with degeneration of the disc confirmed by history and radiographic studies – with up to Grade 1 spondylolisthesis.

**CONTRAINDICATIONS:**

Contraindications include but are not limited to:

1. Active infectious process or significant risk of infection (immunocompromised).
2. Signs of local inflammation.
3. Fever or leukocytosis.
4. Morbid obesity.
5. Pregnancy.
6. Mental illness.
7. Grossly distorted anatomy caused by congenital abnormalities.
8. Any other medical or surgical condition which would preclude the potential benefit of spinal implant surgery, such as the presence of congenital abnormalities, elevation of sedimentation rate unexplained by other diseases, elevation of white blood count (WBC), or a marked left shift in the WBC differential count.
9. Rapid joint disease, bone absorption, osteopenia, osteomalacia and/or osteoporosis. Osteopenia or osteoporosis is a relative contraindication since this condition may limit the degree of obtainable correction, stabilization, and/or the amount of mechanical fixation.
10. Suspected or documented metal allergy or intolerance.
11. Any case not needing a bone graft and fusion.
12. Any case where the implant components selected for use would be too large or too small to achieve a successful result.
13. Any case where multiple levels of device implantation are desired.
14. Any case that requires the mixing of metals from two different components or systems.
15. Any patient having inadequate tissue coverage over the operative site or inadequate bone stock or quality.
16. Any patient in which implant utilization would interfere with anatomical structures or expected physiological performance.
17. Any patient unable or unwilling to follow postoperative instructions.
18. Alcoholism or heavy smoking
19. Any case not described in the indications.
**POTENTIAL ADVERSE EVENTS:**

The following potential adverse events may occur as a result of the PITBULL® System.

All of the possible adverse events associated with spinal fixation/fusion surgery without instrumentation are possible. With instrumentation, a listing of potential adverse events includes but is not limited to:

1. Early loosening of any or all components.
2. Improper compression of the configuration causing non-union (or pseudarthrosis), Delayed union, Mal-union.
3. Disassembly, bending, and/or breakage of any or all the components.
4. Foreign body (allergic) reaction to implants, debris, corrosion products (from crevice, fretting, and/or general corrosion), including metallosis, staining, tumor formation, and/or autoimmune disease.
5. Pressure on the skin from component parts in patients with inadequate tissue coverage over the implant possibly causing skin penetration, irritation, fibrosis, necrosis, and/or pain. Tissue or nerve damage caused by improper positioning and placement of implant or instruments.
6. Post operative change in spinal curvature, loss of correction, height, and/or reduction.
7. Infection.
8. Dural tears, pseudomeningocele, fistula, persistent CSF leakage, meningitis.
9. Loss of neurological function (e.g., sensory and/or motor), including paralysis (complete in incomplete), dysesthesias, hyperesthesia, anesthesia, paresthesia, appearance of radiculopathy, and/or the development or continuation of pain, numbness, neuroma, spasms, sensory loss, tingling sensation, and/or visual defects.
10. Cauda equina syndrome, neuropathy, neurological deficits (transient or permanent), paraplegia, paraparesis, reflex deficits, irritation, arachnoiditis, and/or muscle loss.
11. Urinary retention or loss of bladder control or other types of neurological system compromise.
12. Scar formation possibly causing neurological compromise or compression around nerves and/or pain.
13. Fracture, microfracture, resorption, damage, or penetration of any special spinal bone (including the sacrum, spinous process, and/or vertebral body) and/or bone graft or bone graft harvest site at, above and/or below the level of surgery.
14. Herniated nucleus pulposus, disc disruption or degeneration at, above or below the level of surgery.
15. Cessation of any potential growth of the operated portion of the spine.
16. Loss of or increase in spinal mobility or function.
17. Inability to perform the activities of daily living.
18. Bone loss or decrease in bone density, possibly caused by stresses shielding.
19. Graft donor site complications including pain, fracture, or would healing problems.
20. Ileus, gastric, bowel obstruction or loss of bowel control or other types of gastrointestinal system compromise.
21. Hemorrhage, hematoma, occlusion, seroma, edema, hypertension, embolism, stroke, excessive bleeding, phlebitis, wound necrosis, wound dehiscence, damage to blood vessels, or other types of cardiovascular system compromise.
22. Reproductive system compromise, including sterility, loss of consortium, and sexual dysfunction.
23. Development of respiratory problems, e.g. pulmonary embolism, atelectasis, bronchitis, pneumonia, etc.
24. Change in mental status.
25. Death.

**Note:** Additional surgery may be necessary to correct some of these potential adverse events.
WARNING AND PRECAUTIONS:

The following are specific warnings, precautions and adverse effects that should be understood by the surgeon and explained to the patient. These warnings do not include all adverse effects that can occur with surgery in general, but are important considerations particular to metallic internal fixation devices. General surgical risks should be explained to the patient before surgery. Potential risks identified with the use of this device system, which may require additional surgery, include device component fracture, loss of fixation, nonunion, fracture of the vertebra, neurological injury, and vascular or visceral injury.

1. CORRECT SELECTION OF THE IMPLANT IS EXTREMELY IMPORTANT. The potential for satisfactory fixation is increased by the selection of the proper size, shape, and design of the implant. While proper selection can help minimize risks, the size and shape of human bones present limitations on the size, shape and strength of implants. Metallic internal fixation devices cannot withstand activity levels equal to those placed on normal healthy bone. No implant can be expected to withstand indefinitely the unsupported stress of full weight bearing.

2. IMPLANTS CAN BREAK WHEN SUBJECTED TO THE INCREASED LOADING ASSOCIATED WITH DELAYED UNION OR NONUNION. Internal fixation appliances are load-sharing devices that are used to obtain alignment until normal healing occurs. If healing is delayed, or does not occur, the implant may eventually break due to metal fatigue. The degree or success of union, loads produced by weight bearing, and activity levels will, among other conditions, dictate the longevity of the implant. Notches, scratches or bending of the implant during the course of surgery may also contribute to early failure. Patients should be fully informed of the risks of implant failure.

3. MIXING METALS CAN CAUSE CORROSION. There are many forms of corrosion damage and several of these occur on metals surgically implanted in humans. General or uniform corrosion is present on all implanted metals and alloys. The rate of corrosive attack on metal implant devices is usually very low due to the presence of passive surface films. Dissimilar metals in contact, such as titanium and stainless steel, accelerate the corrosion process of stainless steel and more rapid attack occurs. The presence of corrosion often accelerates fatigue fracture of implants. The amount of metal compounds released into the body system will also increase. Internal fixation devices, such as rods, hooks, wires, etc., that come into contact with other metal objects, must be made from like or compatible materials.

4. PATIENT SELECTION. In selecting patients for internal fixation devices, the following factors can be extremely important to the eventual success of the procedure:
   a. Previous Spinal Surgery: Patients with previous spinal surgery at the level(s) to be treated may have different clinical outcomes compared to those without a previous surgery.
   b. The patient’s weight. An overweight or obese patient can produce loads on the device which can lead to failure of the appliance and the operation.
   c. The patient’s occupation or activity. If the patient is involved in an occupation or activity that includes heavy lifting, muscle strain, twisting, repetitive bending, stooping, running, substantial walking, or manual labor, he/she should not return to these activities until the bone is fully healed. Even with full healing the patient may not be able to return to these activities successfully.
   d. A condition of senility, mental illness, alcoholism, or drug abuse. These conditions, among others, may cause the patient to ignore certain necessary limitations and precautions in the use of the appliance, leading to implant failure or other complications.
   e. Certain degenerative diseases. In some cases, the progression of degenerative disease may be so advanced at the time of implantation that it may substantially decrease the expected useful life of the appliance. For such cases, orthopedic devices can only be considered a delaying technique or temporary remedy.
4. Preoperative and operating procedure, including knowledge of surgical techniques and proper selection & placement of the fixation implants are important considerations in the successful utilization of the system by the surgeon.

PRECAUTIONS

f. Foreign body sensitivity. Where material allergy or sensitivity is suspected, appropriate tests (such as skin sensitivity testing) should be made prior to implant selection or use. The surgeon is advised that no preoperative test can completely exclude the possibility of sensitivity or allergic reaction. Patients can develop sensitivity or allergy after implants have been in the body for a period of time.

g. Smoking. Smoking has been shown to cause diffuse degeneration of intervertebral discs. Progressive degeneration of adjacent segments caused by smoking can lead to late clinical failure (recurring pain) even after successful fusion and initial clinical improvement.

5. PREVENT NERVE DAMAGE. Caution should be taken when using instruments to avoid the spinal cord and nerve roots.

6. DELAYED FUSION. If body fusion does not occur within an expected period of time, the system may become fatigued due to the high and sustained loading of these devices. This has been noted in patients with delayed, pseudarthrosis or nonunion and can result in the need to revise the device(s).

7. MAGNETIC RESONANCE (MR). The PITBULL® System has not been evaluated for safety and compatibility in the MR environment. The PITBULL® System has not been tested for heating or migration in the MR environment.

1. The implantation of the PITBULL® System should be performed only by experienced spinal surgeons with specific training in the use of this spinous process plate system because this is technically demanding procedure presenting a risk of serious injury to the patient.

2. A successful result is not always achieved in every surgical case. This fact is especially true in spinal surgery where many extenuating circumstances may compromise the results.

3. Surgical implants must never be reused. Any retrieved devices should be treated in such a manner that reuse in another surgical procedure is not possible. As with all orthopedic implants, the PITBULL® System components should never be reused under any circumstances.

PHYSICIAN NOTE

Although the physician is the learned intermediary between the company and the patient, the important medical information given in this document should be conveyed to the patient.

DEVICE FIXATION

Refer to the PITBULL® System surgical technique for instructions for implant and instrument use.

PREOPERATIVE

1. Only patients that meet the criteria described in the indications should be selected.

2. Patient condition and/or pre-dispositions such as those addressed in the aforementioned contraindications should be avoided.

3. Care should be used in the handling and storage of the implant components. The implants should not be scratched or otherwise damaged. Implants and instruments should be protected during storage, especially from corrosive environments.

4. An adequate inventory of implants should be available at the time of surgery, normally a quantity in excess of what is expected to be used.

5. Since mechanical parts are involved, the surgeon should be familiar with the various components before using the equipment and should personally assemble the device to verify that all parts and necessary instruments are present before surgery begins. The PITBULL® System components (described in the DESCRIPTION section) are not to be combined with the components from another manufacturer. Different metal types should never be used together due to the possibility that it accelerates corrosion.
Surgical Technique

6. All components and instruments should be cleaned and sterilized before use. Additional sterile components should be available in case of an unexpected need.

INTRAOPERATIVE

1. Extreme caution should be used around the spinal cord and nerve roots. Damage to the nerves will cause loss of neurological functions.
2. Breakage, slippage, or misuse of instruments or implant components may cause injury to the patient or operative personnel.
3. Be sure to use the proper compress the plates. All configurations allow a maximum final construct width of 10mm (plate surface to plate surface). If the configuration is compressed and the construct's width is over 10mm, the assembly is not connected and is not in its final compressed and implanted state.
4. Do not over compress the implants as this may cause fracture/breakage of the spinous process.
5. Over decortication of the spinous process may cause the bone to fracture or non-union of the implant.
6. PITBULL System of the same hub diameter and wing length should be used for fixation/attachment to the spinous process.
7. Two PITBULL System of implants are temporary internal fixation devices. Internal fixation devices are designed to stabilize the operative site during the normal healing process. After the spine is fused, these devices serve no functional purpose and may be removed.
8. Before closing the soft tissue, all the set screws should be tightened firmly to secure the assembly in its final compressed and implanted state. A torque limiting driver is provided to ensure the appropriate screw torque is applied. Recheck the tightness of all mating components and set screws after finishing make sure that none loosened during the tightening of the other set screws. Failure to do so may cause loosening of the other components.

POSTOPERATIVE

The physician's postoperative direction and warnings to the patient, and the corresponding patient compliance, are extremely important.

1. Detailed instructions on the use and limitations of the device should be given to the patient. If the partial weight-bearing is recommended or required prior to firm bony union, the patient must be warned that bending, loosening and/or breakage of the device(s) are complications which may occur as a result of excessive or early weight-bearing or muscular activity. The risk of bending, loosening, or breakage of a temporary internal fixation device during postoperative rehabilitation may be increased if the patient is active, or if the patient is debilitated or demented.

The patient should be warned to avoid falls or sudden jolts in spinal position.
2. To allow the maximum chances for a successful surgical result, the patient or devices should not be exposed to mechanical vibrations or shock that may loosen the device construct.
3. The patient should be advised of their inability to bend or rotate at the point of spinal fusion and taught to compensate for this permanent physical restriction in body motion.
4. Failure to immobilize a delayed or non-union of bone will result in excessive and repeated stresses on the implant. The mechanism of fatigue, these stresses can cause the eventual bending, loosening, or breakage of the device(s). It is important that immobilization of the spinal surgical site be maintained until firm bony union is established and confirmed by roentgenographic examination. If a state of non-union persists or if the components loosen, bend, and/or break, the device(s) should be revised and/or removed immediately before serious injury occurs. The patient must be adequately warned of these hazards and closely supervised to ensure cooperation until bony union is confirmed.
5. As a precaution, before patients with implants receive any subsequent surgery (such as dental procedures) prophylactic antibiotics may be considered, especially for high-risk patients.
6. PITBULL System of implants are temporary internal fixation devices. Internal fixation devices are designed to stabilize the operative site during the normal healing process. After the spine is fused, these devices serve no functional purpose and may be removed. While the final decision on implant removal is up to the surgeon and patient, in most patients, removal is indicated because the implants are not intended to transfer or support forces developed during normal activities. If the device is not removed following completion of its intended use, one or more of the following complications may occur: (1) Corrosion, with localized tissue reaction or pain; (2) Migration of implant position, possibly resulting in injury; (3) Risk of additional injury from postoperative trauma; (4) Bending, loosening and breakage, which could make removal impractical or difficult; (5) Pain, discomfort or abnormal sensations due to the presence of the device; (6) Possible increased risk of infection; (7) Bone loss due to stress shielding; and (8) Potential unknown and/or unexpected long-term effects such as carcinogenesis. Implant removal should be followed by adequate postoperative management to avoid fracture, re-fracture, or other complications.
- This product is followed CE and FDA standard regulations.
- For more information, contact BM Korea Customer Service at (82) 31 451 9295